

OFFICIAL MEDIA

ASIA FITNESS
TODAY

AFT
PODCASTS

**A FITNESS
TODAY**

ORGANISER

GIG
GoInternationalGroup.com

**SPORTS
FITNESS
WELLNESS**

Expo & Health Conference
15-18 JUNE 2023
SYDNEY, AUSTRALIA

#DiversityByInclusion #SportsEquity

THE ART & SCIENCE OF WELLNESS EXPERIENCE
WWW.MOVE8.ASIAFITNESSTODAY.COM/EXPO

We acknowledge that this land from where we stand, traditionally belonged to the Gadigal and Wangal peoples of the Eora nation. **AFITNESSTODAY** creates and curates educational and entertaining content in the sports, fitness and wellness space. We extend a warm welcome and invite you to partake in this inaugural **AFITNESSTODAY Sports Fitness Wellness Expo & Health Conference** where we bring together Asia Pacific's Sports, Fitness & Wellness Heroes under one roof. Here's to life changing moments ahead!

We welcome collaborations and participation by government, industry, community groups and associations.

AFTSFW Secretariat

[HTTPS://MOVE8.ASIAFITNESSTODAY.COM/EXPO](https://move8.asiafitnesssunday.com/expo)



A FITNESS TODAY SPORTS FITNESS WELLNESS EXPO FLOORPLAN 15-18 JUNE 2023 | SYDNEY

THURSDAY 15 & FRIDAY 16 JUNE

AFTSFW MAIN STAGE

- Opening Ceremony
- Keynote Speaker
- Health Conference
- Dance & Martial Arts Demos
- Product Launches
- Sports Film Screenings

GESI ZONE

- What is Health Equity?
- Gender Equality & Social Inclusion Space
- AFT SFW Tribute to Female Athletes
- Females Stunt Acting Master Class
- Fitness for People with Disabilities (PWD)

SATURDAY 17 & SUNDAY 18 JUNE

FITNESS ZONE

- Health & Fitness Clubs
- Fitness Ambassadors
- Fitness Open Mic

BLUE ZONE

- Ageing Well
- Nutrition
- Retirement Living

WELLNESS ZONE

- First Nations Indigenous Health
- Alternative Health Practices from Asia Pacific
- Artistic Impression Painting Corner
- Relaxation Chillout Area
- Spa and Massage

SPORTS ZONE

- What's New?
- Sports Equipment
- Sports Software
- Senior Sports Innovation
- Inclusive Sports
- Sports Demo Day
- Sydney Car Free Morning

MOVE8 YOUTH ZONE

- eSports Tournament
- Drone Racing
- Brazilian Jiu Jitsu
- Console & Nintendo Games

BEAUTY BAZAAR BOOTHS

- Supporting independent startups in the sports, fitness & wellness space
- Micro retailers

MOVE8 FIT FOR GOOD CAFE LOUNGE

- Aussie Homecooks Cook Off
- Book Launches
- Secret Supper
- The T2D Secret Supper
- Volunteer Hospitality