

JOM
LAH



#Move8 fitness movement **MOVE8.ORG**

Run
LAH



#Move8 fitness movement **MOVE8.ORG**

Hike
LAH



#Move8 fitness movement **MOVE8.ORG**

Move
it, lah!



#Move8 fitness movement **MOVE8.ORG**

Walk
for a
Cause



#Move8 fitness movement **MOVE8.ORG**

Move
LAH



#Move8 fitness movement **MOVE8.ORG**

#Move8 fitness movement



MOVE8.ORG

Bounce
LAH



#Move8 fitness movement **MOVE8.ORG**

Let's go
lah!



#Move8 fitness movement **MOVE8.ORG**

JOM
LAH



#Move8 fitness movement **MOVE8.ORG**

Run
LAH



#Move8 fitness movement **MOVE8.ORG**

Hike
LAH



#Move8 fitness movement **MOVE8.ORG**

Move
it, lah!



#Move8 fitness movement **MOVE8.ORG**

Move
LAH



#Move8 fitness movement **MOVE8.ORG**

#Move8 fitness movement



MOVE8.ORG

Bounce
LAH



#Move8 fitness movement **MOVE8.ORG**

Let's go
lah!



#Move8 fitness movement **MOVE8.ORG**

Dance,
LA#



#Move8 fitness movement **MOVE8.ORG**

Hike
LA#



#Move8 fitness movement **MOVE8.ORG**

Move
LA#



#Move8 fitness movement **MOVE8.ORG**

Walk
LA#



#Move8 fitness movement **MOVE8.ORG**

*Money
can't buy
happiness.
Movement
can!*



#Move8 fitness movement **MOVE8.ORG**

*Money
can't buy
health.
Movement
can!*



#Move8 fitness movement **MOVE8.ORG**

*Move
LAH*



#Move8 fitness movement **MOVE8.ORG**

*Let's go
Cah!*



#Move8 fitness movement **MOVE8.ORG**